

Dear Friends,

On the first day of spring in his 96th year, Steve Horvath's VO_2 max approximated zero. He died peacefully, almost contemplatively, at home in his own bed with Mike, Peter, Beth and Emma by his side.



Mike, Steve, Aletha and Peter 12/06

Although his organ systems failed, he maintained his sense of humor to the end. Just the other day, Peter's daughter Emma was wearing an American Eagle shirt and Dad said, "Emma, so you're an eagle. What color are your wings?" Emma replied, "Purple." Dad said, "No, it's red," which was Dad's favorite color even though he was totally color blind. Dad ended the argument with, "Okay, let's make a compromise. The wings are red, not purple. I win and you lose."

He took great pride in his students, post-docs and colleagues and reveled in the love of his family and friends. After earning a BS in chemistry from Oberlin College, a BA in chemistry and physical education from Miami University of Ohio, an MS in physiology from Miami of Ohio, he ventured to Harvard University and worked under D. Bruce Dill at the Harvard Fatigue Lab, where he received his Ph.D. in Biological Sciences (physiology). There he met the love of his life, Dr. Dill's daughter, Betsy. Among his professional affiliations were Woods Hole, Metropolitan State Hospital for the Insane in Boston, the Armored Medical Research Lab at Fort Knox, the University of Pennsylvania, the State University of Iowa, the University of Copenhagen, Lankenau Hospital in Philadelphia, Jefferson Medical College and the University of California at Santa Barbara. In 2001, he joined Peter and his family in Clarence, NY and accepted a position as Professor Emeritus at the University at Buffalo, SUNY. He and our mom wrote one book together on the Harvard Fatigue Lab and he wrote over 550 books chapters and scholarly articles (with three still in preparation).

Steve, in a style that all who knew him would understand, did not want a memorial or service. However, for those who wish to do something here are some options. Before Betsy's death, mom and dad set up a scholarship fund for minority graduate students in social work at Simmons College in Boston where mom received her BA and MSW. The fund has supported 14 students to obtain their MSWs since 1988.

Elizabeth C. Horvath Scholarship
School of Social Work
300 The Fenway
Simmons College
Boston, MA 02115

Dad had expressed his wishes that a travel fund be set up for graduate students from institutions that have limited research funds to present their scholarly work at the professional conferences of the American College of Sports Medicine and The American Physiological Society where he, his father-in-law D. Bruce Dill, son Peter J. Horvath and most of his beloved students, post-docs and associates shared their research. So we have set up the following:

Steven M. Horvath Travel Award
The American Physiological Society
9650 Rockville Pike
Bethesda, MD 20814-3991

Steven M. Horvath Travel Award
ACSM Foundation
PO Box 1440
Indianapolis, IN 46205-1440

Thank you for all that you did to make Dad's life rewarding and happy. Would you share this note with other friends and colleagues of Dad for whom we might have missed - the circle is immeasurable. His influence has touched many through his academic family and we want all who are part of his echo know that he has passed.

With love,

Aletha and Elroi Baumann and their daughters Merritt Crowder and Ariel Baumann
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Peter Horvath and Beth Maher and their children Ryan and Emma
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